



REVIEWS

BOOKS

Reviewed by Ruth Parnell

THE LYNCH-MOB SYNDROME

by Ken Norman

The Portia Campaign, UK, 2000

ISBN 0-932813-86-0 (224pp tpb)

Price: £6.00 + p&h

Available: **UK**—The Portia Campaign, The Croft, West Common, Bowness-on-Solway, Cumbria CA7 5AG, tel/fax 016973 51820, e-mail ken_portia@one-tel.net.uk, website www.portia.org

Retired journalist Ken Norman founded The Portia Campaign 30-odd years ago in the UK as a national charity to help women in particular who may be wrongly convicted or in trouble with the law because of emotional or mental breakdown or through injustice. Many of the women whose cases are summarised in Norman's book, *The Lynch-Mob Syndrome*, have been found guilty of murdering their children—crimes they swear they did not commit.

It's a shocking indictment on our society when judges, scientific and medical witnesses, police prosecutors and jurors in effect conspire in a gradual, joint deterioration of judgement to convict innocent people. To Norman, it's lynching in a new guise.

Mothers have been wrongfully imprisoned because of an unidentified genetic disposition or because their children died of toxic poisoning from a plastic swimming pool. Various tragic deaths were deemed to be due to unusual cot death circumstances, shaken baby syndrome (SBS) or other trauma, again resulting in a conviction for the mother or carer (the Louise Woodward case is a high-profile example).

Yet, one significant but overlooked factor which Viera Scheibner, PhD, and Maureen Hickman have been exposing via NEXUS is the vaccination link in instances of both cot death (SIDS) and SBS (2/05, 5/05, 7/06). Another is the SIDS link with bacterial out-gassings (identified by Dr Jim Spratt in 6/06). These compelling connections might be overlooked in this book, but they are ignored by "experts" in the medical and judicial systems around the world. It is imperative that the "authorities", not only the public, become better informed before more needless deaths and convictions occur.

UNEXPLAINED PHENOMENA:

A "Rough Guide" Special

by Bob Rickard and John Michell

Rough Guides Ltd, UK, 2000

ISBN 1-85828-589-5 (394pp tpb)

Price: A\$30.00; NZ\$39.95; £12.99;

US\$27.99; C\$19.95

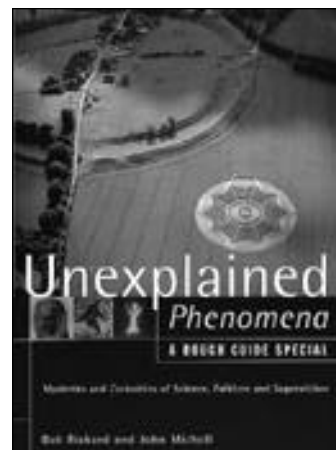
Available: **Australia/UK/USA/Canada**—Penguin Books; **New Zealand**—NEXUS Office, tel (09) 405 1963

If an anomalous event cannot be explained, this doesn't mean it should be discounted. And while authors John Michell and Bob Rickard are all for investigating strange phenomena, they warn that explanations are merely "temporary products, coming and going in response to fashions".

This Rough Guide special edition, *Unexplained Phenomena*, is a compilation based on new material and updates of two earlier works from these authors: *Phenomena: A Book of Wonders* (1977) and *Living Wonders* (1982). Michell is a veteran researcher/author on subjects such as archaeology, ancient science, sacred geometry, landscape energies and so forth, while

Rickard is the founder/co-editor of *Fortean Times*, the UK-based magazine which covers all sorts of anomalous phenomena, often with a humorous bent. Such humour flows through this book as a matter of necessity—for there's "nothing to be gained by worrying about or wilfully rejecting aspects of our human experience which can never be explained". Yet we want to know the truth!

Carrying on in the tradition begun by pioneering "Fortean" researcher Charles Fort (1874–1932), the authors analyse strange phenomena as diverse as teleportation, falling fish and frogs, stigmata, levitation, crowd madness, fairy folk, alien encounters, spontaneous combustion, subterranean realms, crop circles, spectral ships, simulacra, weeping statues, anomalous creatures, psychic animals and more, and they make lively use of illustrations and photos. They also provide useful Fortean-type Internet sources at the back of the book. There's more than enough here to convince you that this is a very weird world indeed.



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THE VAST ENQUIRING SOUL

by Ronald Russell

Hampton Roads, USA, 2000
ISBN 1-57174-153-4 (280pp tpb)
Price: A\$33.95; NZ\$46.95; £n/a;
NLGfn/a; US\$13.95

Available: **Australia**—Gemcraft, tel (03) 9888 0111; **NZ**—NEXUS Office, tel (09) 405 1963; **UK**—Airlift Book Company, tel 020 8804 0400; **Europe**—NEXUS office, tel +31 321 380558; **USA**—Hampton Roads Publishing, tel (804) 296 2772, website www.hrpub.com

Consciousness is little understood, yet to ignore its fundamental pervasiveness as some scientists do is to decry the reality of the human soul and spirit. So says Ronald Russell, the founder of the Russell Centre in New Galloway, Scotland, which conducts research and workshops into exploring mental realms. Through *The Vast Enquiring Soul*, he aims to show scientists that their worldview will always remain incomplete unless they take the soul into account.

The problem as he sees it is that scientists are oriented towards objective analysis, and consciousness research has such a subjective element to it, thus scientists reject something that can't be quantified and repeated in laboratory situations. However, a great deal of research has been conducted since the early 1970s which proves that consciousness is not limited by the confines of the brain, and much of this has been conducted according to scientific method. Russell refers to findings by Fritjof Capra, Ken Wilber, Ray Moody, Kenneth Ring, Michael Talbot,

Abraham Maslow, Bob Monroe and others and explains their breakthroughs and occasional shortcomings.

Russell describes the evidence for multidimensional consciousness by analysis of phenomena including ESP, remote viewing, distant healing, channelling, and experiences of the near-death, out-of-body and transcendental variety. The scientific study of consciousness needs to make more use of experience rather than laboratory analysis, he says. Above all, scientists must realise they cannot separate their own consciousness from the consciousness they are studying. Russell may not be the first one to espouse this viewpoint, but he puts an interesting spin on his metaphysical enquiries.

COSMIC WONDER

by Laurelle Russell-Atkinson

Xlibris, Philadelphia, PA, USA, 2000
ISBN 0-7388-2862-9 (344pp tpb)
Price: US\$8.00 (online); US\$16.00 + p&h
Available: **USA**—Xlibris Corporation, 436 Walnut St, Philadelphia, PA 19106, tel (215) 923 4686, 1888 795 4274 x273 (toll free in Nth America), e-mail orders@xlibris.com, website www.xlibris.com

At NEXUS we regularly receive papers and books on alternative cosmological theories, and we tremble to think that we may have overlooked something that provides the answer to life, the universe and everything. But it's not every day that we receive an original and creative cosmological thesis (produced through Xlibris online book publishers) by an "unknown 45-year-old woman living in the Tasmanian wilderness", as author Laurelle Russell-Atkinson describes herself. University-educated in philosophy and political science, she has no

qualifications in cosmology—but no orthodoxy stifling her thinking processes, either.

In *Cosmic Wonder*, Laurelle doesn't let mathematical equations and graphs get in the way of her theory that superluminal speed is possible on the premise that the universe is infinite and eternal. But having done her homework, she questions the laws of nuclear and interstellar physics, offers a new conceptual basis for understanding spacetime and motion, considers the formation of forces and the rotational, cyclical and spiral dynamics in the cosmos, and how superluminal travel might be achieved.

Laurelle conveys her thought-provoking arguments in a delightfully conversational and often humorous way, allowing the reader to become immersed in and flow with her esoteric stream of consciousness. This is a paradigm-expanding book to inspire professional cosmologists and anyone who wants to get out of the "Hubble bubble" to contemplate a cosmos unrestricted by speed-of-light barriers and without end.





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THE CHOLESTEROL MYTHS

by Uffe Ravnskov, MD, PhD

New Trends Publishing, USA, 2000

ISBN 0-9670897-0-0 (305pp tpb)

Price: US\$20.00 + p&h

Available: **USA**—New Trends Publishing, tel (202) 333 4801, (877) 707 1776 (toll-free in Nth America), fax (202) 333 0002, website www.NewTrendsPublishing.com

Regular readers will already be familiar with research exposing the fallacy that saturated fats and cholesterol cause heart disease (see 6/01-2, 4/02). Here, Swedish GP Dr Uffe Ravnskov dispels the myths point by point, taking us through the history of the "diet-heart idea" and revealing the bad science and poor use of statistics. He backs up his stance with ample evidence from peer-reviewed literature, much of which has been ignored or overlooked by medical researchers, practitioners and health authorities who either do not question the prevailing dogma or have vested interests.

Dr Ravnskov saw this scandalous state of affairs first hand when the "cholesterol campaign" was introduced into Sweden in 1989, supported by major and influential US institutions such as the National Heart, Lung and Blood Institute and the American Heart Association. Having followed the scientific literature for many years, he could recall no study showing that high cholesterol was dangerous to the heart or blood vessels.

The first editions of his exposé, *The Cholesterol Myths*, fell on deaf ears in Sweden and Finland in the early 1990s, but this new edition must be spared the same fate. In it, Dr Ravnskov explains the errors

of nine specific myths, including that high-fat foods and cholesterol cause heart disease, that high-fat foods raise blood cholesterol, that cholesterol blocks arteries, that polyunsaturated oils are any good, and that animal studies have any relevance. His well-reasoned scientific analysis exposes the fallacies which we must face up to if we're seriously interested in sensible eating.

THE AZTEC VIRGIN: The Secret Mystical Tradition of Our Lady of Guadalupe

by John Mini

THIS Publishing, CA, USA, 2000

ISBN 0-9657825-0-6 (347pp tpb)

Price: US\$14.95 + US\$4.50 p&h in USA/

Canada; elsewhere add US\$10.00 p&h

Available: **USA**—Trans-Hyperborean

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Sausalito, CA 94966, tel (415) 331 0230,

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t-hyp.com, website www.t-hyp.com

In 1531, ten years after Cortez "conquered" Mexico and slaughtered 23 million Aztecs in the name of Spain and the Catholic Church, there appeared to one humble man, Juan Diego, a radiant vision of a "noble-woman" who provided miraculous proof to convince a local bishop of her reality as the Great Mother. Soon, word spread and a "new" spiritual movement sprang up around the so-called Virgin of Guadalupe, whose request for a temple to be built on the place of the miracles, at Tepeyacac near Mexico City, was granted. Within a few months of the apparition, most Aztecs had converted to Catholicism, though they had rejected it for the previous 10 years.

But the Virgin of Guadalupe is really a dis-

guise for her Aztec predecessor: the goddess Tonantzin, an emanation of the multi-faceted Earth goddess and Mother of All Creation, Coatlique. No wonder the Aztecs responded to the sign of her appearance in 1531 with overnight conversion to the Mother! In *The Aztec Virgin*, John Mini (author of *August 13, 1999*) intertwines fascinating and moving histories with revelations concerning a mystical Aztec codex hidden in the Sacred Image which was manifested for Juan Diego and his bishop.

Through his own connections with Aztec mystics, Mini has been able to access a spiritual path to self-knowledge which traverses ancient Toltec dreaming techniques, Aztec sexual alchemical practices, and divine intentions regarding the anticipated birth of a new solar age—the Sixth Sun, the Sun of Flowers, wherein the emphasis is to be on exploring and refining relationships. Mini's key message is that the great Aztec dream of global mutual respect and harmony is being reborn at Tepeyacac and in us all.



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TAKE CONTROL OF YOUR HEALTH & ESCAPE THE SICKNESS INDUSTRY by Elaine Hollingsworth

Empowerment Press, Qld, Australia, 2000
ISBN 0-646402-97-8 (174pp l/f tpb)
Price: A\$26.00 inc. p&h in Aust; A\$33.00
to NZ/Asia/Pac; A\$39.00 to UK/Eur/USA
Available: **Australia**—Hippocrates Health
Centre, Mudgeeraba, Qld 4213, tel +61
(0)7 5530 2939, fax +61 (0)7 5569 0884

Good health is everything, and it's usually not until we have a health crisis that we realise how precious it is. This book by US-born Elaine Hollingsworth, the research director of the Hippocrates Health Centre in Queensland, Australia, is aimed especially at the ageing reader, with chapters covering how to avoid bone demineralisation and build bone and how to cope with menopausal symptoms and hormonal havoc (male and female). Elaine, at 72, is a picture of radiant health and lives by the advice which she dispenses.

Included among her list of things to avoid are sugar and artificial sweeteners, caffeine and soft drinks, chocolate and alcohol, excessive protein and soy products. She lists the early warning signs of osteoporosis as well as the essential vitamins, minerals, raw food and oils essential to combat it. In discussing menopausal symptoms, Elaine looks at the adverse side-effects of synthetic progesterone and oestrogen as well as the benefits of natural progesterone and the "miracle" Peruvian root vegetable, *maca*, which can relieve hot flushes and a host of hormonal problems in both men and women.

Another chapter she devotes to the poisons which permeate our daily lives—from excitotoxic food additives and fluoridated water to second-hand smoke, toxic sunblock and mobile/cordless telephone emissions—and how to overcome them. Her chapter on simple, natural remedies for common ailments from colds and migraines to allergies and asthma is basic but immediately actionable.

Elaine's emphasis is on dispelling health myths and promoting the life-enhancing options which she's seen work time and time again in her years of clinical experience.

TACHYON ENERGY

by David Wagner & Gabriel Cousens

North Atlantic Books, CA, USA, 1999
ISBN 1-55643-310-7 (147pp tpb)
Price: A\$40 + GST + \$5 p&h in Aust;
A\$48 inc. p&h to NZ; US\$14.95 + p&h
Available: **Aust**—Advanced Tachyon
Technologies (Aus), tel (02) 9540 2679,
www.tachyon-australia.com; **USA**—
Advanced Tachyon Technologies, tel (707)
573 5800, www.planet-tachyon.com

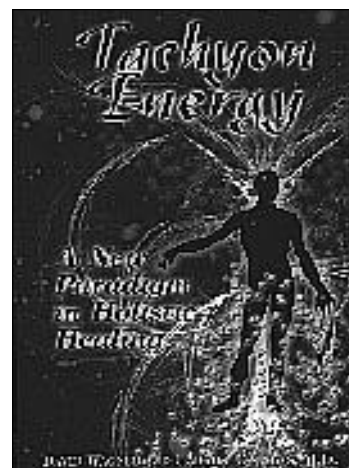
This book is not only about the physics of tachyon energy, but an integrated approach to healing which amounts literally to a major paradigm shift away from a horizontal, fragmented energy alignment to a vertically aligned system connected to the Source—which in turn provides a constant flow of energy to feed the physical, emotional, mental and spiritual bodies.

The authors, David Wagner and Dr Gabriel Cousens, have a collective background in an array of fields including engineering, traditional medicine and holistic health, kundalini science and world peace work. Here they bridge the gap between science and spirituality by explaining how zero-point energy,

"the unbounded totality of perfect order", condenses into faster-than-light tachyon energy, which is then converted into frequencies by slower-than-light SOEFs (subtle organising energy fields) to create the worlds of form.

Apart from this having implications for researchers into zero-point energy, antigravity and vacuum energy, these findings have revolutionary potential for our understanding of human energetic systems and how to achieve our perfect state of health. Various biological and clinical experiments lead the authors to conclude that we can optimise our health by better attuning our energetic systems to this tachyon energy. And if personal attunement is tricky to achieve, one can always utilise some of the materials, including water, which have been "tachyonised" to concentrate the healing energies.

In *Tachyon Energy*, the authors enlighten us to the dance of life and lead us to realise that we can experience it to the full.





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MYSTERIES OF THE SACRED UNIVERSE

by Richard L. Thompson

Govardhan Hill Publishing, FL, USA, 2000
ISBN 0-96353-093-3 (375pp tpb)
Price: Euro 18.85 + 3.35 p&h; US\$15.95,
foreign orders, add US\$9.50 p&h
Available: **Europe**—Bhaktivedanta Library
Services, Belgium, tel +32 86 323280, e-
mail hayagriva.hks@pamho.net, website
www.BL.Services.com; **USA**—Govardhan
Hill, tel (904) 462 0466, e-mail ghi@nersp.
nerdc.ufl.edu, www.sacreduniverse.com

The essence of Hindu cosmology can be found in ancient Sanskrit religious texts, most specifically in the *Bhagavata Purana*, or *Srimad Bhagavatam* as it is also called. Richard L. Thompson, PhD, has carried out extensive analysis of the *Bhagavatam* as well as several other Great *Puranas* which describe aspects of the Hindu understanding of astronomy and put humanity in a meaningful position in relation to the universe.

Dr Thompson is a mathematician who has written over 25 academic papers and several books on science and philosophy including *Vedic Cosmography and Astronomy*, *Alien Identities*, and (with Michael Cremona) *Forbidden Archeology and the Hidden History of the Human Race*.

Central to the ancient Indian idea of the cosmos, as described in the *Bhagavatam*, is an Earth-centred system of universes contained in a spherical shell, with internal layers marking the boundary between mundane and transcendental realms. The Earth is represented on a disc (the *Bhu-mandala*) within

the shell, but this 2D array can be interpreted as a 3D planisphere which allows complex astronomical, geographical and mythological information to be conveyed.

Thompson says that a deeper study of the cosmology of the *Bhagavatam* shows it to be a sophisticated system with correlations to astronomical findings such as geocentric planetary orbits and precessional cycles.

While other Sanskrit texts may be more recent and reflect Babylonian and Greek cosmological influences, the *Bhagavatam* precedes these, thus supporting the notion that it describes an original paradigm unique to ancient India. Dr Thompson's insightful analysis is an important contribution to our understanding of this ancient world-view.

THE TESLA PAPERS

edited by David Hatcher Childress

Adventures Unlimited Press, USA, 2000
ISBN 0-932813-86-0 (224pp l/f tpb)
Price: A\$40 including GST + p&h;
NZ\$49.00; £n/a; US\$16.95 + p&h
Available: **Aust/NZ/UK/Europe**— NEXUS
offices; **USA**—AUP, tel (815) 253 6300,
website www.adventuresunlimited.co.nz

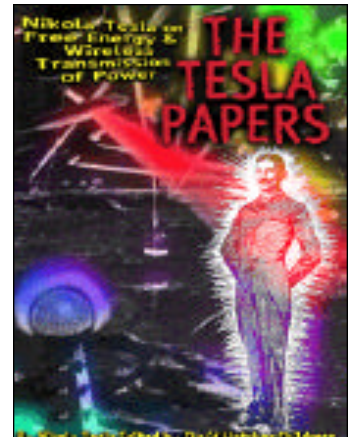
Just over a hundred years ago in June 1900, Dr Nikola Tesla had his landmark article, "The Problem of Increasing Human Energy", published in *Century Illustrated Monthly*. In it, he outlined a blueprint for a better world which includes wireless power available for all, antigravity and free energy devices, robotic systems and even common-sense advice about good diet and clean living. This article is republished in this latest compilation, *The Tesla Papers*, edited by the indefatigable David Hatcher Childress.

Little of what's reprinted here is actually by Tesla; most of the material is provided by

frontier sci/tech researchers such as Jerry Decker of KeelyNet, Toby Grotz, Wizard author Marc Seifer and other luminaries involved with the Tesla Society in Colorado Springs. There's discussion on Tesla coils, the little-known Tesla electric- (or aether-) powered car, the infamous "death ray" and "shield", a "lost" solar-electric panel and Tesla's contributions to electrotherapy.

Also featured in these papers is an anonymous summary of an FOIA request for any Tesla files held by the FBI. This has been circulating on the Internet and, though unverifiable, makes for interesting reading. And then there's the transcript of the 1943 lawsuit by Marconi Wireless Co. against the US Government regarding a dispute over Tesla's wireless radio patent (though this is kept in the original upper case, making reading difficult to sustain over its 40 pages).

This volume provides some missing links for up-and-coming Tesla-philes who may not yet have accessed some of this background information and commentary.



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THE PK MAN

by Jeffrey Mishlove, PhD

Hampton Roads, USA, 2000

ISBN 1-57174-183-6 (308pp tpb)

Price: A\$37.35; NZ\$49.95; £n/a;

NLGfn/a; US\$14.95

Available: **Aust**—Gemcraft, tel (03) 9888

0111; **NZ/Europe**—NEXUS offices; **UK**—

Airlift Book Company, tel 020 8804 0400;

USA—Hampton Roads, www.hrpub.com



This is the extraordinary story of one of the most famous and powerful psychics of our time, Ted Owens (1920–1987). US-born Owens, the self-titled "PK Man", claimed his amazing psychokinetic abilities were conferred on him by "space intelligences" (SIs), enabling him (with their help) to control the weather, cause power black-outs and create UFO sightings on demand.

However, Owens's personality was such that he often used his powers in unethical, reckless and vengeful ways, announcing his intention to cause lightning strikes and out-of-season hurricanes, heatwaves or floods just ahead of the events actually happening—and usually causing death and destruction. Such events include the ending of a drought in California in 1967, as well as the downing of a jet airliner in 1975 and the eruption of Mt St Helens in 1980, he claimed. What sort of causal involvement he had in these events is still subject to conjecture, according to Jeffrey Mishlove, PhD, but it's well worth discussing openly.

The author of *Roots of Consciousness*, Dr Mishlove has a doctorate in parapsychology and has hosted a public TV talk show, *Thinking Allowed*, since 1986. He met Ted Owens in 1976 and followed his career closely, assessing his talents, documenting hundreds of PK events and keeping in regu-

lar contact until his death in 1987, though not publishing his book until now. He attended one of Owens's training sessions in how to contact SIs, and herein reprints the main pointers (they worked for him!).

In *The PK Man*, Dr Mishlove examines Owens's achievements from the perspectives of sociology, psychology, anthropology, physics and ufology. He also seriously cautions that it's one thing to connect with the power that's innate within us, but another to know how to use it responsibly and wisely.

EVE OF THE APOCALYPSE

by Michael Bond

Oracle Press, Qld, Australia, 2000

ISBN 1-876494-41-7 (412pp tpb)

Price: A\$32.00 in Aust; A\$41.00 o/s p&h

Available: **Australia**—POB 340, Swansea,

NSW 2281, tel 0438 710412 (Aust only),

e-mail orders@eveoftheapoc.com.au,

www.eveoftheapoc.com.au

The human race, Westerners in particular, is largely in denial of the reality that Nature is the source of all life on this planet. Behind it all, argues Michael Bond in *Eve of the Apocalypse*, is a rationalistic way of thinking that goes back to Plato—whose vision of the ideal Republic could ultimately be our demise if we continue to divorce ourselves from Nature and reality. By insisting that reality can only be properly understood in logical, rational terms, Plato created a mindset that permeates today in the trend towards global economic rationalism.

Such a mindset, Bond maintains, is split in a no-man's-land between our mental and emotional states. Instead of mental knowledge and intuitional feelings fusing in a sense of being or knowing, the rational thrust creates a conflict between head and heart, where the rational faculty forces the heart to repress its feelings. Such inner confusion, Bond says, produces a state of psychic terror which is an unnatural state of being. No wonder modern Western culture is in such a bind!

Thus this flawed way of looking at the world permeates all our affairs, whether in economics, politics, justice, science, medicine, religion, education, the media and so on. It creates a society where proponents of the letter of the law usurp truth and fairness. Ultimately, rationalism creates a tuned-out society of tuned-out individuals. And the tuned-out aren't awake to the great lies perpetrated by government, the military, science and corporate culture...

So what to do about it? Michael Bond's answer is to adopt a policy of honesty and self-responsibility, open our mind and heart to the Universe and trust our intuition. We have nothing to lose and this just may help.



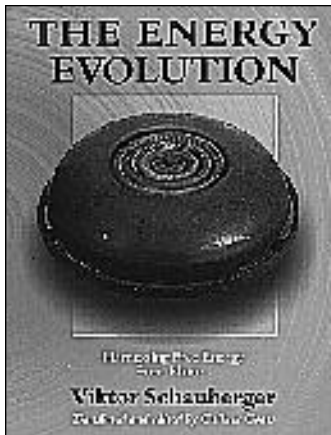
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BOOKS

THE FERTILE EARTH (Vol. Three) + THE ENERGY EVOLUTION (Vol. Four) by Viktor Schaubberger

translated & edited by Callum Coats
Gateway/Gill & Macmillan, Ireland, 2000
ISBN 1-85860-060-X (211pp tpb Vol. 3);
1-85860-061-8 (261pp tpb Vol. 4)
Price: A\$37.50 (Vol. 3), A\$36.50 (Vol. 4);
NZ\$39.95 (Vol. 3), NZ\$49.95 (Vol. 4);
£n/a (Vol. 3), £n/a (Vol. 4)
Available: **Aust**—Banyan Tree, tel (08)
8363 4244; **NZ**—NEXUS Office, tel (09)
405 1963; **UK**—Gill & Macmillan,
www.gillmacmillan.ie

These two volumes complete the four-part Eco-Technology series which focuses on the ideas and inventions of Austrian forest custodian and inventor Viktor Schaubberger (1885–1958). Again, these have been expertly and sensitively translated, compiled, edited and introduced by Callum Coats, who has spent decades researching Schaubberger's work. They follow on from *The Water Wizard* and *Nature as Teacher*.



Schaubberger's writings collected in the third volume, *The Fertile Earth*, emphasise nature's subtle energies and their correct use in agriculture, soil fertilisation and forestry. By observing nature's forces and energies in action, Schaubberger learned her secrets and come to understand what happens when the delicate balance is overstepped by unenlightened human interference. He applied his knowledge to improving soil fertility and increasing productivity in harmony with the Earth, and his practical advice is applicable in farm and forestry management today.

Volume Four, *The Energy Evolution*, draws together Schaubberger's writings on harnessing energy from nature. Having observed how nature produces energy by a slow, cool, implosive means (an efficient, centripetal, inward motion), he set upon

designing machines based on this principle. Presented here are his theories and observations on the biological vacuum, the life-current in air and water, electromagnetism and implosion/explosion, as well as a number of inventions including an air turbine, a home energy generator, a cooling/ heating machine, a device for producing spring water and even an antigravity craft.

Schaubberger urges us to care about nature by working *with* it rather than against it. These volumes speak reams about what we *should* be doing to improve our world.

AIDS: An Explosion of the Biological Time-bomb?

by Robert E. Lee

Biographical Publishing Co., USA, 2000
ISBN 1-929882-03-3 (502pp tpb)
Price: US\$22.75 + \$4.50 p&h to Canada,
US\$7.20 to UK/Eur, US\$9.00 to Aust/NZ
Available: **USA**—Biographical Publishing
Co., Prospect, CT, tel (203) 758 3661, fax
(603) 853 5420, biopub@aol.com; Ingram

The controversy over the origin of AIDS still rages, while AIDS has reached epidemic "biological time-bomb" proportions. "It is time to wake up!" declares Robert E. Lee, an Illinois-based academic specialising in psychology and social sciences and the author of two previous books on AIDS. He has made an objective assessment of peer-reviewed studies in the US, UK and France since the early 20th century which reveal an extensive history of research into acquired diseases and immunodeficiency—indeed, research with a view to initiating such immunologic disturbances.

Pointing out that AIDS had no historical precedent, came without warning and could not have had an African green monkey or chimpanzee origin, Lee refutes any connection with rare AIDS-like cases going back to the 1930s. He thus concludes it is highly likely that AIDS, or at least HIV-1, was bio-engineered and deliberately introduced into specific target groups. It is probably the result of research into animal retroviruses, where viruses were forced to "jump species", and, more specifically, into molecular biology and virus-based biological weapons. His conclusion supports the research of others who lean towards the man-made AIDS hypothesis, such as Dr Alan Cantwell (who wrote the preface to this book), Dr Leonard Horowitz (who proposes a link to cancer and biowarfare programs), and Dr Robert Strecker.

A US Department of Defense appropriation hearing in 1970 discussed a funding request for "new viral agents refractory to the immune system" which could be developed within 5–10 years. According to Lee's disturbing book, it appears they succeeded.

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BOOKS

THE TALK OF THE GALAXY: AN ET MESSAGE FOR US?

by Paul LaViolette, PhD

Starlane Publications, USA, 2000
ISBN 0-9642025-3-0 (192pp tpb)
Price: US\$16.00 + US\$6 p&h in USA/
Canada; elsewhere add US\$9 p&h; £n/a
Available: **USA**—Starlane Publications,
6369 Beryl Rd #104, Alexandria, VA
22312, tel/fax (703) 256 7337, 1800 715
9993 (toll-free in Nth America), e-mail
Gravitics1@aol.com, website www.
etheric.com; Ingram; New Leaf; **UK**—
Gazelle Book Service, tel 01524 68765

When the first pulsar was discovered in 1967, Cambridge graduate student Jocelyn Bell and her astronomy professor Anthony Hewish wondered whether the precisely pulsating broadband radio signal was from an alien intelligence. They even named the source LGM 1, short for "Little Green Men". When the time came to publish their findings, however, they decided their ETI hypothesis would not be taken seriously, so they posed an explanation



based on the emission being from an expanding/contracting, dimming/brightening white dwarf or neutron star. So their original hypothesis did not receive much airing.

Now, Paul LaViolette, PhD, author of *Earth Under Fire*, takes the ETI hypothesis further in leaps and bound in this aptly titled book, *The Talk of the Galaxy*. Dr LaViolette has analysed the position, distribution and periodicity of pulsars in our Milky Way Galaxy and has come to the startling conclusion that they are artificial signals, set up as aids to interstellar navigation and communication presumably by highly advanced ETIs.

According to his detailed astrometric analysis, there are too many coincidences in the pulsar positionings and timings for these signals to be natural. The very positions

also seem to be beacons to draw the attention of intelligent life not just in our solar system from our perspective, but in other parts of the galaxy from other viewpoints, to the source of a regular cosmic event: the core explosion from galactic centre and subsequent superwave emission affecting the entire galaxy across the light-years (see Dr LaViolette's article in this issue).

Ancient astronomers who mapped the night sky must have known of the source of this regular galactic superwave, LaViolette believes, for it is encoded in the zodiac at the point where Sagittarius's arrow crosses the galactic equator en route to the heart of Scorpius (though, over the millennia the angles have changed with stellar motion).

Dr LaViolette re-examines our understanding of pulsars and proposes how advanced intelligences could utilise stars for beaming these pulses using Tesla-based force field technology. This remarkable thesis should have major impact in cosmology circles.

AUDIO

Reviewed by Richard Giles

CHILDREN OF THE RAINBOW by Gordon-Michael Scallion and Cynthia Keyes

Matrix Institute, 2000 (60mins, 2 cass.)
Price: US\$25.00 + \$4.95 p&h; else-
where, add US\$8.95

Distributor: **USA**—Matrix Institute, PO
Box 336, Chesterfield, NH 03443-0336,
tel +1.603.363.4164, 1800 628 7493
(toll-free in Nth America), website
www.matrixinstitute.com

Earth changes and spiritual evolution have been futurist Gordon-Michael Scallion's public focus for over a decade.

In the early 1990s, Scallion released a taped talk on the Children of the Blue Ray—about the newly evolved children being born onto the planet in recent times. The topic fascinated millions. This two-cassette set is a follow-up to that one, and expands on the full-spectrum of colour rays which define and direct our roles on Earth.

Our individual colour ray is the clue to our destiny. Being part of a colour ray group is not fixed, and we can move from one to another in life and from lifetime to lifetime. This taped explanation goes into detail on each ray and colour, covering food, social activities, career, intuitive abilities, planetary influences, spirituality and everything related to one's role in life. After hearing these tapes, you'll be able to identify your own unique colour ray group.

This is essential listening for evolving souls; in fact, for anyone interested in the development of human consciousness.



REVIEWS

MUSIC

Reviewed by Richard Giles

MUSIC FROM THE TEA LANDS

by various artists

Putumayo, USA, 2000 (39mins)

Distributors: **Australia**—MRA

Entertainment, tel (07) 3849 6020;

USA—Putumayo World Music, tel (212)

625 1400, website www.putumayo.com

This new release is a compilation of music from the world's tea-producing lands including China, where tea has been cultivated for 5,000 years, Japan, India, and other countries. Featured are: Ghulam Ali of Pakistan; India's Sanjay Mishra on guitar and tabla; Okan Murat Öztürk from Turkey, playing the saz (a folk lute instrument); Hila Hambala from Sumatra on guitar and gamelan; Ancient Future, a fusion group using Japanese, Indian and Chinese musical styles; and more. An inspiring collection.

SHIATSU

by Llewellyn

New World Music, UK, 1999 (58mins)

Distributors: **Aust**—New World Music,

tel (02) 9565 4522; **UK**—New World

Music, tel 0198 678 1682; **USA**—New

World Music, tel (303) 415 1040, web-

site, www.newworldmusic.com

This is one of several albums in the Mind Body Soul series and is designed for therapists to use to support their techniques. Ian Welch, a shiatsu healer, is the adviser on this album of relaxation, assisting listeners to use the sounds for enhancing treatments and massage. Shiatsu is a form of bodywork combining Chinese and Japanese medicine for healing through touch. NEXUS has several CDs of the Mind Body Spirit series to give away, including *Shiatsu*, *Tai Chi* and *Feng Shui*. Write your name and address on the back of an envelope and post it to "NEXUS Music Giveaway" by 1 March 2001 (offer valid in Australia only).

PARIKRAMA

by David Parsons

Celestial Harmonies, USA, 2000

(122mins, 2CDs)

Distributors: **Aust**—Arts Distribution, tel

(02) 9905 9435; **USA**—Celestial

Harmonies, tel (520) 326 4400, website

www.harmonies.com

Mt Kailas is the holiest mountain for the Hindus, Buddhists and Bön and is situated in a remote part of western Tibet near the Indian border. It's a natural pyramid shape, covered with snow year-round. Many pilgrims make a circumambulation (a

parikrama) to pay homage to Mt Kailas. David Parsons, a prolific composer and musician, takes us on a sonic odyssey around the holy mountain and immerses us in his soundscapes. A fascinating creation.

THE BELIEVER

by Remember Shakti

Universal Music, France, 2000 (77mins)

Distributors: **Aust/UK/France/USA**—

Universal Music, www.universal.com

Do you remember the band Shakti from 1975 to 1977? Not old enough? Well, I still do! They and their late 1970s successor, the Mahavishnu Orchestra, pioneered a fusion of Eastern and Western musical styles (see review, NEXUS 6/05). Shakti reformed in 1997, making this live album while touring Europe, the line-up again featuring the celebrated John McLaughlin and Zakir Hussain. It contains six tracks, only one under 10 minutes, with some exciting rhythmic, improvised treasures of music. This version comes with a CD-ROM of a 30-minute live performance at the Montreux Jazz Festival. Stunning, in a word!

POSTCARDS FROM BUNDANON

by Riley Lee

New World Music, Aust, 2000 (66mins)

Distributors: **Aust/UK/USA**—New

World, www.newworldmusic.com

In 1993 the Bundanon Trust was established by Arthur Boyd, one of Australia's greatest artists, to protect his property and ensure its use as a living arts centre. When master *shakuhachi* player Riley Lee was staying and performing at Bundanon in 1996, he asked Boyd if he could create a painting for a cover of one of his CDs. *Postcards From Bundanon* features that painting. Boyd's death in April 1999 prompted Lee to compile this wonderful selection of some of his favourite and most moving performances over the years.

